

Navajo Technical University

Name:

ID#:

Associate of Arts – Counseling: Crisis Management & Suicide Prevention (65-66 Credits)

The purpose of the Associate of Arts degree in Counseling with a concentration in Crisis Management & Suicide Prevention. The program is designed to prepare students for entry level jobs as Behavioral Health Technicians with the Navajo Nation Department of Behavioral Health Services, and student may continue to obtain a baccalaureate degree in Counseling or Psychology. This program came about because of a request made by Rehoboth McKinley Christian Hospital and the Navajo Nation Department of Behavioral Services to NTU. Problems such as death by exposure due to alcoholism, teenage suicide clusters, and substance abuse seemed to be growing in the Navajo Nation and border communities. The feeling was that more Navajo counselors trained at NTU might be one partial solution to these problems. A minimum of sixty-three academic credits must be earned in specified coursework.

Semester ONE		Credits	Prerequisites	Semester/Transfer	Grade
MATH 1220	College Algebra	4	MATH1215		
ENGL 1110	Composition I	3	ENGL100		
BCIS 1115	Introduction to Computers	3			
PSYC 1110	Introduction to Psychology	3			
CEPY 1110	Introduction to Counseling Theories	3	ENGL1110		
COU 100	Introduction to Counseling Ethics	1	Must take semester immediately prior or during semester of Internship		
SSC 100	College Success Skills	1			
Semester TWO					
COMM2120	Interpersonal Communication	3			
BIOL 1110C	General Biology	4			
CEPY 1140	Personality Psychology	3			
COU 108	Foundation of Addiction	3			
PSYC 2120	Developmental Psychology	3	PSYC1110		
Semester Three					
COU 235	Group Dynamics	3	CEPY 1110		
COU 255	Principles of Interviewing Assessment	3	CEPY 1110		
COU 165	Introduction to Family Dynamics	3	CEPY 1110		
COU 250	Suicide Risk Assessment	3			
ENGL 2310	Creative Writing	3			
Semester FOUR					
COU 220	Foundations in Crises & Suicide Risk management	3			
COU 285	Prevention, Education, Postvention Services & Advocacy	3			
COU 290B	Clinical Internship (Crisis Management)	4			
PSYC 265	Social Psychology & Cultural Applications	3	PSYC1110		
NAV XXX	NAVA1110, NAVA 2210 OR NAVA 2230 (Humanities)	3-4			
TOTAL REQUIRED CREDIT HOURS		65-66			

	Signatures	Date
Student:		
Advisor:		
Registrar:		
Graduation Date:		

Updated 7/17/2026