

# Navajo Technical University

Name: \_\_\_\_\_

ID#: \_\_\_\_\_

## Associate of Arts – Counseling: Substance Use Disorder Concentration (65-66 Credits)

The purpose of the Associate of Arts degree in Counseling with a concentration in Substance Use Disorder. The program is designed to prepare students for entry level jobs as Behavioral Health Technicians with the Navajo Nation Department of Behavioral Health Services, and student may continue to obtain a baccalaureate degree in Counseling or Psychology. This program came about because of a request made by Rehoboth McKinley Christian Hospital and the Navajo Nation Department of Behavioral Services to NTU. Problems such as death by exposure due to alcoholism, teenage suicide clusters, and substance abuse seemed to be growing in the Navajo Nation and border communities. The feeling was that more Navajo counselors trained at NTU might be one partial solution to these problems. A minimum of sixty-six academic credits must be earned in specified coursework. In order to be eligible for Internship, student must have an overall 2.5 GPA in counseling courses.

Semester ONE		Credits	Prerequisites	Semester/Transfer	Grade
MATH 1220	College Algebra	4	MATH1215		
ENGL 1110	Composition I	3	ENGL100		
BCIS 1115	Introduction to Computers	3			
PSYC 1110	Introduction to Psychology	3			
CEPY 1110	Introduction to Counseling Theories	3	ENGL1110		
COU 100	Introduction to Counseling Ethics	1	Must take semester immediately prior to or during semester of Internship		
SSC 100	College Success Skills	1			
<b>Semester TWO</b>					
COMM 2120	Interpersonal Communications	3			
BIOL 1110C	General Biology	4			
CEPY1140	Personality Psychology	3			
COU 108	Foundation of Addiction	3			
PSYC 2120	Developmental Psychology	3			
<b>Semester Three</b>					
COU 165	Introduction to Family Dynamics	3	CEPY 1110		
COU 230	Case Management & Crisis Skills for Substance Use Disorder	3	CEPY 1110		
COU 235	Group Dynamics	3	CEPY 1110		
COU 255	Principles of Interviewing & Assessment	3	CEPY 1110		
ENGL 2310	Creative Writing	3			
<b>Semester FOUR</b>					
COU 210	Prevention & Treatment of Substance Use Disorder	3	CEPY 1110		
COU 290A	Clinical Internship (Substance Abuse)	4			
PSYC 245	Psychopharmacology in the Treatment of Addiction & Substance Use Disorders	3			
PSYC 265	Social Psychology & Cultural Application	3			
NAVA XXX	NAVA1110, NAVA 2210 OR NAVA 2230	3-4			
<b>TOTAL REQUIRED CREDIT HOURS</b>		<b>65-66</b>			
Signatures				Date	

Student:		
Advisor:		
Registrar:		
Graduation Date:		

*Updated 4/1/2023*